

CHINMAYA VIDYALAYA
MONTHWISE SYLLABUS BREAK UP
SESSION: 2020-21
CLASS: I
SUBJECT: ENGLISH

BOOK: OPEN HEARTS (FLYING SAUCER)

TERM	MONTH	SYLLABUS
I	April	Part 1 <ul style="list-style-type: none"> • L - Kisha can do it! Grammar - Blends: sh Letters- Words- Sentence relation
	May-July	<ul style="list-style-type: none"> • L- Apples for Partho Grammar-Blends: th Use of That and This Alphabetical Order
	July	<ul style="list-style-type: none"> • L- One Inch Boy • L- Not Today Mom Poem- Nobody's Friend Grammar-Blends: ch, ng Use of 'a' and 'an' Naming Words
	August	Part 2 <ul style="list-style-type: none"> • L- Rainbow in The Plate! Poem- Munch!Crunch! Grammar-Blends: qu One and Many, Use of 'is' and 'are', Use of 'this' and 'these'
	September	<ul style="list-style-type: none"> • L- The Little Red Hen Grammar -Blends: ar Grammar -Describing Words
	October	<ul style="list-style-type: none"> • L- Where is my Mom? Grammar- Blends: ff Grammar- Action Words
	November	Part 3 <ul style="list-style-type: none"> • L- The Umbrella Girl Grammar -Blends: ll Grammar-Use of has and have

II	December	<ul style="list-style-type: none"> L-Kite Festival Grammar- Blends: ss Grammar-Use of these and those
	January	<ul style="list-style-type: none"> L- What Did You See Today? Poem- Neighbourhood Noises Grammar-Blend:ck Position Words
	February	<ul style="list-style-type: none"> L- A Traffic Jam Part 4 <ul style="list-style-type: none"> L- Caeser Goes on Vacation Poem-Rail road Train Blends- ai,ea,ei,ee,ie,oa,oi,ue Long vowel sounds: a-e,i-e Grammar- Pronouns, Simple Tense
	March	<ul style="list-style-type: none"> Revision- Naming Words, Pronoun, Describing Words and Position Words

CHINMAYA VIDYALAYA
MONTHWISE SYLLABUS BREAK UP
SESSION:2020-21
CLASS: I
SUBJECT:MATHEMATICS

BOOK: FLYING SAUCER (MATH FUN)

TERM	MONTH	SYLLABUS
I	April- May	Part 1 L-1 Numbers from 0-9 <ul style="list-style-type: none"> • Comparing Numbers • Forward and Backward Counting • Concept of Zero L-2 Addition <ul style="list-style-type: none"> • Understanding More • Making Numbers • Addition by counting altogether • Addition-Across and Vertical • Story Sum • Number Line L-3 Subtraction <ul style="list-style-type: none"> • Introducing Subtraction • Subtraction by Taking Away • Subtraction - Horizontal and Vertical • Number Line • Fact-Families • Story Sum Part 2 L- 4 Shapes <ul style="list-style-type: none"> • Basic 2D and 3D shapes • Properties • Sorting
	July	L-5 Numbers from 10-20 <ul style="list-style-type: none"> • Learn 10 to 20 • Counting by Grouping • Forward and Backward counting • Comparing Numbers • Increasing and Decreasing • Addition by Counting all • Addition by Forward counting • Making Number 10 • Addition by grouping of 10 • Addition by making 10

	August	<ul style="list-style-type: none"> • Subtraction by crossing out (Cont) • Subtraction using Number Line • Subtraction by Backward counting • Subtraction - Horizontal and Vertical • Story Sum
	September	L-6 Time <ul style="list-style-type: none"> • Knowing Day and Night • Measuring Time • Reading time in full hours • Mental Maths
I	October- November	Part 3 L-7 Measurement <ul style="list-style-type: none"> • Tall and Short • Long and Short • Length • Heavy and Light • Capacity L-8 Numbers from 21-50 <ul style="list-style-type: none"> • Counting Number greater than 20 • Number Sense 21 to 30 • Number Sense 31 to 39 • Number Sense 40 to 50 • Comparing Numbers • Addition • Subtraction • Story Sums L-9 • Ordinal Numbers
	December	L-10 Patterns <ul style="list-style-type: none"> • Recognizing Patterns • Forming Patterns
	February/ March	L-12 Money <ul style="list-style-type: none"> • Coins • Currency notes • Counting money

CHINMAYA VIDYALAYA
MONTHWISE SYLLABUS BREAK UP
SESSION:2020-21
CLASS: I
SUBJECT: GENERAL AWARENESS

BOOK: OPEN HEARTS (FLYING SAUCER)

TERM	MONTH	SYLLABUS
I	April - May	<ul style="list-style-type: none"> • L - Myself • L - My Family and Home • L - My Body • L – Care For My Body
	July	<ul style="list-style-type: none"> • L – Food
	August	<ul style="list-style-type: none"> • L – Festival (Activity Based Learning)
	September	<ul style="list-style-type: none"> • L – Plants
II	October	<ul style="list-style-type: none"> • L – Animals
	November	<ul style="list-style-type: none"> • L – Seasons and Clothes
	December	<ul style="list-style-type: none"> • L – People Who Help Us
	January	<ul style="list-style-type: none"> • L – Neighbourhood (Activity Based Learning)
	February	<ul style="list-style-type: none"> • L – Travel and communication
	March	<ul style="list-style-type: none"> • Recapitulation

CHINMAYA VIDYALAYA
MONTHWISE SYLLABUS BREAKUP
SESSION :2020-21
CLASS: I
SUBJECT: COMPUTER

TERM	MONTH	CHAPTER
I	April	What is a computer?
	May	Parts of computer
	July	Let's learn to use Keyboard Colouring in 100 Fun Activities
	August	Use of Mouse
	September	Revision
II	October	Word Pad
	November	Word Pad
	December	MS Paint
	January	MS Paint
	February	Revision

CHINMAYA VIDYALAYA
MONTHWISE SYLLABUS BREAK UP
SESSION:2020-21
CLASS: I
SUBJECT: PHYSICAL EDUCATION

TERM	MONTH	SYLLABUS
I	April /May	YOGA <ul style="list-style-type: none"> • Tadasana • Paschimottanasana • Vajrasana • Breathing exercises • Yogic stretching • Fitness exercise • Hastapadasana • Parvatasana • Gomukhasana
	July	FITNESS <ul style="list-style-type: none"> • Warming Up • Exercises-(High knee twist, Arm circle, knee hubs, side band, high knee jack, ski hub.)
	August	<ul style="list-style-type: none"> • Mass P.T Exercises (Simple front face exercises)
II	September	AEROBICS/ZUMBA <ul style="list-style-type: none"> • Aerobics/Zumba Sessions
	October	BALANCE/ CONTROL <ul style="list-style-type: none"> • Walking, Running and Jumping (Straight line, Circle, Zigzag, Leaping, backward etc.)
	November	HEALTHY HABITS- HYGIENE <ul style="list-style-type: none"> • Maintaining cleanliness of our body (Hair, eye, nose, teeth, ears, nails, skin) • Proper toilet habits • Proper play and rest • Importance of proper clothing and footwear

	December	<p>MOVEMENT EDUCATION TO DEVELOP (Neuromuscular coordination)</p> <ul style="list-style-type: none"> • Crab walk • Twist jumps • leap frog • Floor scooter exercises • Hop on one foot • Kangaroo hopping, Frog jump, Elephant walk etc.
	January / February	<p>BREATHING EXERICSES</p> <ul style="list-style-type: none"> • Attention position, Stand-at-ease position • Normal breathing and Balloon breathing • Deep breathing • Om chanting

CHINMAYA VIDYALAYA
MONTHWISE SYLLABUS BREAK UP
SESSION: 2020-21
CLASS: I
SUBJECT: ART & CRAFT

BOOK: VIBGYOR

Term	Month	Syllabus
I	April and May	<ul style="list-style-type: none"> • Hot air balloons-Colouring & pattern making Pg no.-4 • Free hand drawing-Happy new session • Musical birds-Colouring & matching bird houses Pg no.-12 • Free hand drawing-Summer season
	July	Rhyme time –Pg no-13 Free hand drawing-Rainy season New word making & drawing Pg no-14 & 15 <ul style="list-style-type: none"> • A fairy Pg no -16
	August	<ul style="list-style-type: none"> • Flying kites-Colouring using given colour code Pg no-11 • Free hand drawing-Independence Day Celebration • Pattern making Pg no-6 • Rowing a boat-Tearing & pasting activity Pg no-17
	September	<ul style="list-style-type: none"> • A butterfly in the garden-Colouring & thermocol pasting Pg no-19 • Teachers Day card making • Rangoli making Pg no -20 • Free hand drawing-Teacher's day
II	October	<ul style="list-style-type: none"> • Free hand drawing-Dussehra • Origami scene depiction • Diya decoration • Free hand drawing-Diwali
	November	<ul style="list-style-type: none"> • A Flower vase-lady finger impression Pg no-24 • A lady bird-Button pasting Pg no-26 • Free hand drawing-Children's day • A sparkling peacock –Ice cream sticks and star pasting Pg no-30
	December	<ul style="list-style-type: none"> • A laughing face-different types of shapes pasting Pg no-32 • Free hand drawing-Christmas • Free hand drawing-Winter season • A rocking horse-Stencil activity Pg no-36
	January	<ul style="list-style-type: none"> • Free hand drawing-Happy new year • Stencil fun Pg no-34 • Free hand drawing Republic Day Celebration • Doodling art • Different kinds of printing using poster colours

CHINMAYA VIDYALAYA
MONTHWISE SYLLABUS BREAKUP
SESSION: 2020-21
CLASS: I
SUBJECT: MUSIC

TERM	MONTH	SYLLABUS
1	April-May	Monday(Non Vedic Prayers) <ul style="list-style-type: none"> • Om Sehna Vavtu
	July	<ul style="list-style-type: none"> • Bhajan-Ganapati Ganapati
	August	<ul style="list-style-type: none"> • Patriotic song-Hum Bachhe Hain
	September	Music grades will be given to the students on the basis of music syllabus for I Term
II	October	Monday-Friday(Non Vedic Prayers) <ul style="list-style-type: none"> • Om Sehna Vavtu • Om Triyambkam • Om Gananam • Vasudevsutam Devam • Akhanda Mandalakaram • Saraswati Namastubhyam • Meal Prayer-Om Brahmaarpanam • Before Going Home-Om Purnamadah • Song-Pyari Mummy • Bhajan-Govind Govind Bhajo Re
	November	Monday-Friday(Non Vedic Prayers) <ul style="list-style-type: none"> • Om Sehna Vavtu • Om Triyambkam • Om Gananam • Vasudevsutam Devam • Akhanda Mandalakaram • Saraswati Namastubhyam • Meal Prayer-Om Brahmaarpanam • Before Going Home-Om Purnamadah • Ayi Diwali
	December-January	Monday-Friday(Non Vedic Prayers) <ul style="list-style-type: none"> • Om Sehna Vavtu • Om Triyambkam

		<ul style="list-style-type: none"> • Om Gananam • Vasudevsutam Devam • Akhanda Mandalakaram • Saraswati Namastubhyam • Meal Prayer-Om Brahmarpanam • Before Going Home-Om Purnamadah • Patriotic Song-Nanhe Munne Pyare • Christmas Carols-Joy To The World
	February	Music grades will be given to the students on the basis of music syllabus for II Term

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MONTHWISE SYLLABUS BREAK UP
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CLASS: I
SUBJECT: VALUE EDUCATION

Book: Garden Of Life

Term	Month	Syllabus
I	April-May	<ul style="list-style-type: none"> • L-1A and 1B Doing Things On Our Own
	July	<ul style="list-style-type: none"> • L-2A and 2B Being Clean and Tidy •
	August	<ul style="list-style-type: none"> • L-3A and 3B Being Cheerful
	September	<ul style="list-style-type: none"> • L-4A and 4B Love Begins at Home
II	October-November	<ul style="list-style-type: none"> • L-5A and 5B Love • Extends at School
	December	<ul style="list-style-type: none"> • L-6A Love your Neighbour • L-6B Love your Neighbour
	January	<ul style="list-style-type: none"> • L-7A Kindness to Animals • L-7B Kindness to Animals
	February	<ul style="list-style-type: none"> • L-8 Love God (Activity)

CHINMAYA VIDYALAYA
MONTHWISE SYLLABUS BREAKUP
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CLASS : I
SUBJECT: DANCE

Term	Month	Syllabus
I	April- May	<ul style="list-style-type: none"> • Aerobics
	July	<ul style="list-style-type: none"> • Folk Dance
	August	<ul style="list-style-type: none"> • Introducing kathak steps
	September	<ul style="list-style-type: none"> • Kathak dance steps
II	October November	<ul style="list-style-type: none"> • Kathak dance steps with basic hand movements
	December	<ul style="list-style-type: none"> • Dance on Christmas carol • Recapitulation of • all the dances learned
	January	<ul style="list-style-type: none"> • Classical Dance eye movement • Kathak tukda
	February/March	<ul style="list-style-type: none"> • Improvisation • Recapitulation of all the dances learned

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SESSION :2020-21
CLASS : I
SUBJECT: HINDI

BOOK: शिखर की ओर
PUBLISHER: FLYING SAUCER

TERM	MONTH	SYLLABUS
I	अप्रैल	गाओ और दोहराओ स्वरों का अभ्यास व्यंजनों का अभ्यास सयुक्त व्यंजन दो अक्षर वाले शब्द तीन अक्षर वाले शब्द चार अक्षर वाले शब्द
	मई	शरीर के अंगों के नाम गाजर का हलवा (कविता)
	जुलाई	आ की मात्रा का ज्ञान आ की मात्रा से बने शब्द आ की मात्रा का स्थान परिवर्तन
	अगस्त	इ तथा ई की मात्रा का ज्ञान इ तथा ई की मात्रा से बने शब्द इ तथा ई की मात्रा वाले शब्द इ तथा ई की मात्रा के वाक्य इ की मात्रा से संबंधित चित्र-पहेली चिड़ियाघर ई मात्रा का प्रयोग बकरी की शादी आ से ई तक की मात्राओं का अभ्यास
	सितंबर	उ तथा ऊ मात्रा का ज्ञान उ तथा ऊ मात्रा की मात्रा से बने शब्द उ तथा ऊ मात्रा वाले शब्द उ तथा ऊ मात्रा के वाक्य उ की मात्रा से संबंधित लयात्मक शब्द

		ऊ की मात्रा से संबंधित पहेली बगुला और कछुआ नखटू चूहा
II	अक्तूबर	ए तथा ऐ की मात्रा से बने शब्द ए तथा ऐ की मात्रा वाले शब्द ए तथा ऐ की मात्रा के वाक्य ए तथा ऐ की मात्रा वाले फलों व सब्जियों के नाम ए तथा ऐ की मात्रा से संबंधित शब्द ज्ञान केले का छिलका
	नवंबर	नैनीताल की सैर आ से ऐ तक की मात्राओं का पुनःअभ्यास
	दिसंबर	ओ तथा औ की मात्रा का ज्ञान शब्दों के साथ ओ तथा औ की मात्रा ओ तथा औ की मात्रा वाले शब्द ओ तथा औ की मात्रा के साथ वाक्य ओ मात्रा वाले शब्दों का शब्द-जाल व् वर्ग पहेली रोली की होली पक्षियों की पहचान पौधों के विभिन्न भागों के नाम बौना रौनक
	जनवरी	अं तथा अँ की मात्रा का ज्ञान अं तथा अँ की मात्रा वाले शब्द कविता बंदर और लंगूर अं की मात्रा वाले शब्द ऊँट की कहानी गिनती (१-१०)
	फरवरी	दसखड़ी अपठित पद्यांश (दिनों के नाम) उल्टे अर्थ वाले शब्द फल एक-अनेक

	मार्च	श्रवण कौशल - १,२,३ अपठित पद्यांश (स्वच्छता) अपठित गद्यांश (अहमद और हाथी)
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